




Reduced fat dressing is served with salads and fresh veggies.  
Milk choice includes non-fat chocolate, non-fat white or 1% white milk.

## SAINT KATHARINE DREXEL SCHOOL HOT LUNCH MENU FOR OCTOBER 2017

\*\*\* 4K/Extend-A-Day - Grade 3: \$2.45 Grades 4-8: \$2.70 Adults: \$3.40 \*\*\*  
A la Carte Milk: 40¢

503 S. Spring Street  
Beaver Dam, WI 53916  
Phone: (920) 885-5558

**NOTE: READ MORE  
INFORMATION ON BACK**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Taco on a Wheat Tortilla 2 Romaine & Tomato Topping Salsa & Sour Cream Refried Beans, Corn Whole Grain Rice Diced Pears Milk Choice	Grilled Cheese Sandwich 3 on Whole Grain Bread Tomato Soup Steamed Peas Diced Peaches Milk Choice	Whole Grain Soft Pretzel 4 Cheese Sauce Hard Boiled Egg Mixed Lettuce Salad Fresh Carrot & Celery Sticks Broccoli & Cauliflower Applesauce, Milk Choice	BBQ Pulled Pork on a 5 Whole Grain Bun Tater Tots Steamed Broccoli Pineapple Tidbits Milk Choice	<b>Parent/Student/Teacher 6 Conferences No Classes</b> 
Chicken & Noodles 9 Mashed Potatoes Green Beans Diced Peaches Milk Choice	Italian Meatball Sub 10 Fresh Carrot & Celery Sticks Cucumber & Pepper Slices Potato Wedges Fresh Watermelon Milk Choice	Hot Ham on a 11 Whole Grain Bun Baked Beans Steamed Broccoli Pineapple Tidbits Milk Choice	Whole Grain Pancakes 12 Blueberry Sauce Cottage Cheese Fresh Carrot Sticks Applesauce Orange Juice Milk Choice	<b>In-service / No Classes 13</b> 
Beef & Bean Burrito 16 Romaine & Tomato Topping Refried Beans Tomato Salsa, Corn Diced Pears Milk Choice	Whole Grain Corn Dog 17 Baked Tater Tots Mixed Lettuce Salad Green Beans Warm Cinnamon Applesauce Milk Choice	Turkey, Ham & Cheese Sub 18 on a Whole Grain Bun Romaine & Tomato Topping Fresh Sliced Peppers Broccoli & Cauliflower Mandarin Oranges Milk Choice	Chicken Fajita on a 19 Wheat Tortilla Romaine & Tomato Topping Tomato Salsa Steamed Corn Mixed Fruit Milk Choice	<b>In-service / No Classes 20</b> 
Hamburger on a 23 Whole Grain Bun Baked French Fries Steamed Carrots Craisins Milk Choice	Chicken Nuggets 24 Mashed Potatoes & Gravy Green Beans Baked Beans Diced Pears Milk Choice	Whole Grain Pancakes 25 Blueberry Sauce Cottage Cheese Fresh Carrot Sticks Strawberries Orange Juice Milk Choice	Mozzarella Pizza Dippers 26 Marinara Sauce Mixed Lettuce Salad Fresh Broccoli & Cauliflower Fresh Banana Milk Choice	Chicken Teriyaki 27 on Whole Grain Rice Steamed Broccoli Pineapple Tidbits Milk Choice
Chicken Patty on a 30 Whole Grain Bun Mashed Potatoes & Gravy Steamed Cauliflower Fresh Orange Wedges Milk Choice	Spaghetti w/ Meatballs 31 Mixed Salad Wheat Roll Seasoned Peas Applesauce Milk Choice	